



Faribault Family Fun Triathlon

Saturday, May 22, 2010

Race Begins 8:00 AM

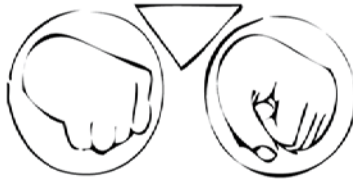
Healthy Food by GrowH.com * Music * Kids Activities



Swim

Short course: 200 yards
Start at Faribault
Community Center

Long course: 400 yards
Start at Faribault
Community Center



Bike

Short course: 5 miles
FCC
Nature Center
MSAD

Long Course: 8 miles
FCC to 14th St
St. Paul Ave
Nature Center
MSAD



Run

Short Course: 1 mile
Finish at MSAD

Long Course: 2 miles
MSAD to
MSAB and back

<i>Registration Fee</i>	<i>Before April 15th</i>	<i>On and After April 15th</i>
Short Course - Individual	\$15	\$20
Short Course - Relay	\$30	\$35
Long Course - Individual	\$20	\$30
Long Course - Relay	\$35	\$45

Registration and Race Detail Information:
<http://www.msad.state.mn.us/Athletics/triathlon/>
 Race Director—Mark Schwartz (mark@usdta.org)

Support by Hilltoppers Athletic Booster Club and Faribault Deaf Club
 Fundraising Proceeds goes to MSAD's Athletic Program